



Friday 18th September 2026

Dear Parents and Carers,

We are writing to consult with you regarding our updated **Relationships, Sex and Health Education (RSHE)** policy and curriculum, which we plan to implement during this academic year, 2026 - 2027. At Felbridge Primary School, our curriculum is firmly rooted in our school values of **respect, resilience, kindness, collaboration and courage**. We aim to provide pupils with the knowledge and skills they need to lead happy, healthy lives and navigate the challenges of an ever-changing world.

Curriculum Updates

We will continue to use the **1Decision Primary RSHE & PSHE scheme**, which has been updated and fully aligns with the latest statutory guidance. We have found the scheme to be very child-friendly and supportive of our teaching. Additionally, the scheme includes detailed lesson plans, PowerPoint presentations and guidance and support for teaching each unit. This ensures all lessons are delivered with confidence and sensitivity.

The main headlines from the updated DfE guidance are to give increased emphasis to the following areas:

- Online safety and well-being;
- Personal safety, including the risks associated with fire, water, road and railway;
- Change, loss and bereavement;
- Use of correct names for body parts;
- Skills on how to deal with certain situations, as well as knowledge.

What is Being Taught?

Within the 1Decision scheme, the PSHE/RSHE curriculum is organised into the following key areas: Keeping Safe, Keeping Healthy, Relationships, Growing and Changing, Being Responsible, Feelings and Emotions, Computer/Online safety, Our World/Working World, A World without Judgement, Fire Safety and First Aid.

The content for each year group can be viewed on our school website ([PSHE RSHE Curriculum Overview](#))

The Right to Withdraw

The RSE curriculum consists of both statutory and non-statutory elements:

- **Statutory (No right to withdraw):** Parents **cannot** withdraw their children from Relationships Education, Health Education, or the National Curriculum for Science. This includes topics like puberty, life cycles, and naming body parts.
- **Non-Statutory (Withdrawal allowed):** Parents have the right to withdraw their children from specific sex education lessons that fall outside the Science or Relationships curriculum. At Felbridge Primary School, this is limited to the **Year 6 unit on Conception**.

Headteacher: Mrs E Thorp BEd (Hons) NPQH
Address: Crawley Down Road, Felbridge, East Grinstead, West Sussex RH19 2NT
Telephone: 01342 323413 Email: Office@FelbridgeTLT.co.uk
Website: www.FelbridgeTLT.co.uk

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This unit will be taught in the Summer Term of Year 6 and there will be an opportunity nearer the time for parents to come into school and view the materials and ask any questions.

If you wish to withdraw your child from this unit, you are invited to first **speak with the class teacher** to discuss the program, and any impact withdrawal may have. If you still wish to proceed, a **written request must be addressed to the Headteacher**.

The Consultation Process

We value our partnership with parents and wish to build a relationship of mutual trust and cooperation. It is important to understand that while we are consulting with you, the statutory guidance is clear that **decisions about what is taught and how it is taught remain the responsibility of the school**; consultation does not give parents a right to approve, veto, or redesign the curriculum.

Following this consultation, the school will:

1. **Review all feedback** to identify any common themes or concerns.
2. **Decide whether changes** to our RSHE policy or approach are needed.
3. **Communicate the consultation outcome** and the final agreed approach to all parents.
4. **Publish the updated RSHE policy** on the school's website.

We encourage you to explore further resources and guidance [Parent/carer Zone: RSHE and PSHE Support and Guidance](#). Our RSHE policy can be found on our school website ([RHSE Policy](#)). If you have any feedback, this should be sent to office@felbridgetlt.co.uk entitled RSHE Consultation, by Friday 9th October.

Kind regards,



Emma Thorp
Headteacher