



# Keeping you safe

**in school – out of school – at home**

We want our school to be a place where everyone can feel safe, feel happy and be healthy. It is every adult's job to help you stay safe from:



**Being bullied**



**Being frightened or worried**



**Being hurt or injured**



**unkind strangers**

## Stop and think: is it safe?

**REPORT it!**  
Tell a trusted adult.



**REFUSE!**  
Say words which mean NO.

Any adult will listen and help to keep you safe, but these adults are here to help all the other adults keep you safe.

One of them is always in school to talk to.



Mrs Thorp



Mrs Sims



Mrs Ruffels



Mrs Warland

### Will you keep my worries a secret?

- We can't promise to keep anything a secret, but we will tell the right people about your worries to get help for you.
- Some worries are too big for us to deal with in school so we might need some help.
- We will always tell you who we are talking to and why.

### Worried about a friend?

- Come and talk to us- we're here for everyone.

### Other ways to ask for help

- Write a note for your class worry box.
- Ask a friend to come with you to talk to an adult.

### Where else can I get help?

**Childline:** free advice which won't show up on a phone bill.



**ThinkuKnow.co.uk:** for advice and support about anything online which worries you.

