

Newsletter

Friday 8th May 2026

Dear parents and carers

Welcome to the first newsletter of May! I hope you all enjoyed the bank holiday weekend.

Over the past two weeks, we have been focusing on our values of Curiosity and Compassion. Linked to compassion, our Kindness Ambassadors have been promoting acts of kindness. They reminded everyone in assembly of how we can show compassion and kindness. Each class has a time at the end of the day when they celebrate acts of compassion and kindness. Our Kindness Ambassadors now have stickers to handout if they spot acts of kindness, and children continue to be nominated for my kindness tree.

We have been treated to class assemblies recently from Geckos, Pandas and Toucans. All three assemblies were creatively put together and presented with confidence and enthusiasm. I am always very proud to see the children stand up in front of an audience and share their learning - well done to all three classes!

Thank you to Dida Ruffels (Mrs Ruffels' mum) for coming in to share her 'spinning' hobby with the children. It was wonderful to see an expert at work and it was a great follow-up to our sheep week.

If you have not done so already, please take some time to complete our school values survey [Felbridge Primary School School Values Survey – Fill in form](#). I would be very interested to hear your feedback.

Next week, Jaguars class will take their SATs, along with all year 6 children in the country. Remember Jaguars, you are all superstars and we are proud of each and every one of you - go for it!

I hope you all have a lovely weekend.

Best wishes

Emma Thorp



Term Dates

12th May Year 3 - Visit to Wakehurst Place
18th May Photographer in school for group class photos
21st May Year 2 - Visit to Wakehurst Place
25th May - 29th May Half term
5th June Year 2 - Assembly for Parents - 9.05 am
Week of 15th June Year 6 - Bikeability
18th June Year R - Visit to British Wildlife Centre
24th June Musical Theatre Club Production - 6.30 pm
25th June Year 1 - Assembly for Parents - 9.05 am
26th June (am) Sports Day and Family Picnic
Week of 29th June Arts Week
21st July - 6 pm - 7.30 pm Year 6 - Leavers' Party
8th and 9th July Year 6 Production - 7 pm
23rd July Year 6 - Leavers' Assembly - 9.15 am End of term (from 1.15 pm)

Sports Day/ Family Picnic

Please join us for our annual sports day and family picnic on Friday 26th June from 9.30 am.

Class Wishlists

[R Geckos](#) [1 Monkeys](#)

[2 Leopards](#) [3 Pandas](#)

[4 Toucans](#) [5 Macaws](#)

[6 Jaguars](#) [SENDCO](#)

[Maths](#)



Online Safety Alert: The "Looksmaxxing" Trend

What is it? "Looksmaxxing" is an online trend pushing boys—some as young as 10—to drastically alter their appearance to "maximize" attractiveness. Concerningly, this now includes "bone smashing" (hitting their own faces) and other forms of self-harm disguised as self-improvement. It highlights that body image pressure is a growing, serious issue for boys, not just girls.

What to look out for:

- **Physical Signs:** Unexplained marks or bruising on the face or body.
- **Behavioural Shifts:** Becoming secretive, withdrawn, or defensive after being online.
- **Talk of "Dares":** Mentions of "proving" themselves or participating in extreme online challenges.

Fixation: An obsessive focus on physical flaws or "fixing" their appearance.

How to help: Avoid reacting with fear or immediate restrictions, which can cause children to shut down. Instead, aim for **calm, open-ended questions** such as:

*"Have you seen anything online lately that felt a bit extreme?" * "Why do you think people feel pressured to do things like that for likes?"* Focusing on **connection and understanding** is the most effective way to keep your child safe. If you have any concerns, please reach out to our safeguarding team.



Values Champion

Well done to the following children who have received certificates:

30th April

Geckos - Mohammad Zaid for Challenge & Courage

Monkeys - Daisy for Creativity & Compassion

Leopards - Edmund for All Values

Pandas - Emma for Challenge & Courage

Toucans - Billy for Challenge

Macaws - Shane for Compassion

Jaguars - Maisie for Challenge & Compassion

8th May

Geckos - Jessica for Challenge

Monkeys - Ariel for Curiosity & Challenge

Leopards - Emilia for Challenge, Compassion & Creativity

Pandas - Whole Class - All Values

Toucans - Naya for Challenge & Curiosity

Macaws - Beau for Challenge & Courage

Jaguars - Lexi for Challenge & Curiosity and Miles for Challenge



Well done!

Mathletics: Monday, 27th April to Sunday, 3rd May

Mathletics							
BRONZE	SILVER	GOLD	PLATINUM	EMERALD	DIAMOND	EPIC	LEGEND
<p>Monkeys Elliott V Pierce III</p> <p>Macaws Henry II</p>	<p>Leopards Henry I</p> <p>Pandas Freya V</p> <p>Macaws Everly I</p>	<p>Monkeys Mia III</p> <p>Leopards Teddy II</p>	<p>Monkeys Jake I</p> <p>Toucans Jack III</p>	<p>Monkeys Rosie V Izzy IV Oscar I Maisie III Amelie III</p> <p>Pandas Imogen II</p> <p>Toucans Martha V</p> <p>Macaws Finlay III</p>	<p>Monkeys Cooper III</p> <p>Leopards Bethany I</p> <p>Pandas Ollie V Florence V</p> <p>Macaws Freddie II</p>	<p>Leopards Alex I Joshua IV Adaline III Iyla III</p> <p>Pandas Fionn IV Holly V Seb M IV Spencer III</p> <p>Toucans Jasmine II William II Freya V</p> <p>Macaws Alina II</p> <p>Jaguars Autumn IV</p>	<p>Leopards Lewis I Orson V</p> <p>Toucans Oscar V</p> <p>Macaws Jared V</p> <p>Jaguars Evan IV Bella IV</p>

Attendance

Attendance past week:	Geckos: 97%	Monkeys: 97%	Leopards: 91%	Pandas: 91%	Toucans: 92%	Macaws: 95%	Jaguars: 99%	Whole School: 94%
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GIRLS

TOUCH RUGBY

COME AND JOIN US!

GIRLS! Come along to our fun and relaxed touch rugby sessions! All ages and abilities welcome!

WHEN: Every Friday
(starting 24th of April 2026)

WHERE: East Grinstead Rugby Club

Saint Hill Road, East Grinstead
RH19 4JU

Timings: 6pm - 7pm

If interested, contact **JULIE:**
events@egrfc.com

